

# Liquivida Drip Glossary



## Magnesium Chloride

Magnesium is a mineral that your cells, nerves, muscles, bones and heart need to be healthy and strong. It also happens to improve metabolism and nutrient absorption.

- Helps Increase Energy
- Calms Nerves and Anxiety
- Treats Insomnia and Helps You Fall Asleep
- Helps with Digestion by Relieving Constipation
- Relieves Muscle Aches and Spasms
- Regulates Levels of Calcium, Potassium and Sodium
- Important for Heart Health
- Prevents Migraine Headaches



## Calcium Gluconate

Calcium is a mineral that keeps your bones, muscles, teeth and nerves strong. It also has an important role in preventing diseases like obesity and colon cancer.

- Normal functioning of enzyme and hormone secretion
- Blood vessel contraction/expansion
- Muscle contractions
- Slowing of tooth decay
- Reduction of some symptoms of PMS



## Thiamine HCL (Vitamin B1)

This vitamin maintains your nerves in optimal and healthy condition. It is used to process and obtain energy from the foods you eat by turning nutrients into usable energy.

- Promotes Energy Production
- Protects Nerves
- Prevents Heart Diseases
- Prevents Cataracts
- Prevents Alzheimer's Disease
- Improves Memory
- Stimulates production of RBC
- Relieves Effects of Alcoholism
- Improves Appetite
- Prevents Cataracts
- Prevents Alzheimer's Disease



## Riboflavin 5-Phosphate (B2)

B2 is a micronutrient your body easily absorbs to keep you functioning properly all day long. It plays a key role in converting fats, carbohydrates and proteins into energy.

- Mild Anti-inflammatory
- Helps Prevent Cognitive Decline
- Consumption Reduces Depression
- Protects the Eye
- Prevents Cardiovascular Disease
- May Prevent Cancer
- Helps with Pregnancy
- Plays a Protective Role in Bones
- Protects the Liver
- Protects Against Autoimmune Disorders





### **Niacinamide (B3)**

Also known as Vitamin B3, this nutrient assists in the functioning of the digestive system, skin, nerves. It also transforms food into energy.

- Lowers LDL Cholesterol. Niacin has been used since the 1950s to treat high cholesterol
- Increases HDL Cholesterol
- Lowers Triglycerides
- May Help Prevent Heart Disease
- May Help Treat Type 1 Diabetes
- Boosts Brain Function



### **Dexpanthenol (Vitamin B5)**

This vitamin enhances the regeneration of skin and increases the elasticity of hair, making you look younger and brighter.

- Anti-Inflammatory
- Aids in Metabolism and is Needed for Bodily Function
- Essential for Liver Function
- Helps Reduce Stress
- Helps Prevent Hair Loss
- Helps Treat Respiratory Problem
- Can Reduce Pain in Eyes
- Helps Keep Skin Healthy



### **Pyridoxine HCL (Vitamin B6)**

One of the most common nutritional deficiencies, this vitamin helps your heart to be stronger and healthier, preventing heart diseases, high cholesterol and even kidney stones.

- Maintains Healthy Blood Vessels
- Supports Brain Function
- Can Improve Your Mood
- Helps Treat Anemia
- Protects Eye Health
- Can Help Prevent or Reduce Symptoms of Rheumatoid Arthritis
- Helps Treat High Blood Pressure
- Helps Relieve Symptoms of Premenstrual Syndrome
- Helps Decrease Nausea During Pregnancy



### **Cyanocobalamin (B12)**

This vitamin B12 substitute keeps red blood cells and the central nervous system running in optimal conditions, ensuring that blood transports nutrients efficiently throughout the body.

- Cell Repair & Maintenance
- Prevents Breast Cancer
- DNA Formation
- Cures Anemia
- Relieves Fatigue
- Treats Alzheimer's Disease
- Treats Sickle Cell Disorder
- Reduces Cholesterol Levels







## **Glutathione**

Glutathione is the most powerful antioxidant with anti-aging properties. It is capable of preventing damage to your skin and cells, having a direct impact on the way you look and feel.

- Reduces oxidative stress
- May improve psoriasis
- Reduces cell damage in alcoholic and nonalcoholic fatty liver disease
- Improves insulin resistance in older individuals
- Increases mobility for people with peripheral artery disease
- Reduces symptoms of Parkinson's disease
- May help fight against autoimmune diseases
- Improves Skin Function
- May Reduce Symptoms of Arthritis



## **Ascorbic Acid**

Ascorbic Acid boosts your immune system and helps you fight allergies, the cold and even flu-like symptoms. It also keeps your cells healthy during bacterial infections, speeding up the healing process

- Vital for Brain Health
- Improves Mood
- Lowers Anxiety
- Helps to Combat Depression
- Reduces Fatigue
- May Slow Age-Related Cognitive Decline
- May Improve Thyroid Activity
- Improves Blood Pressure
- Beneficial for Blood Flow
- May Combat Cancer & Ease Cancer Treatment

