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# BENEFITS OF ZINC

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## PREVENTS COMMON COLD

Zinc inhibits the virus from multiplying and may reduce the length of the common cold.



## BOOSTS IMMUNE SYSTEM

Zinc is essential for immune cell function, and helps reduce the risk of infection.



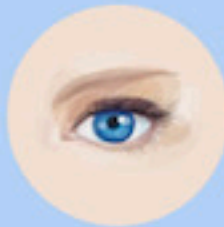
## ACCELERATES HEALING

Critical for collagen synthesis in the body and helps treat burns, sores, and skin injuries.



## HELPS TREAT ACNE

Reduces inflammation and prevents bacteria buildup.



## PROTECTS EYE HEALTH

Helps Vitamin A create melanin, an eye protectant, and helps protect aging eyes.



## HAIR GROWTH

Zinc protects hair tissue, growth, and maintains oil glands.